

# Retreat Schedule

## Friday

- 3:30 pm Registration and settle in
- 4:30 pm Pontoon Ride Available (weather permitting)
- 5:30 pm Supper
- 6:30 pm Welcome, Introductions, Mixers
- 7:30 pm Bible Study
- 8:30 pm Refreshments and Fellowship/Campfire

## Saturday

- 8:00 am Breakfast
- 9:00 am Bible Study
- 10:30 am Morning activity/break
- 11:00 am Environmental Education
- 12:00 pm Lunch
- 1:00 pm Free Afternoon!
- 4:30 pm Craft Time
- 5:30 pm Supper
- 6:30 pm Hymn Sing
- 7:30 pm Bible Study

- 8:30 pm Refreshments and Fellowship/Campfire

## Sunday

- 8:00 am Continental Breakfast
- 9:00 am Worship with Holy Communion
- 10:15 am Brunch
- 11:00 am Pack and head home!



14 Keeley Island Dr  
Slayton, MN 56172

# Shetek Senior Adult Retreat



*Friday-Sunday*  
*August 21-23, 2009*



# Please Join Us...

Please join us for the 2009 Senior Adult Retreat. Come connect with others in Christian Community and enjoy the fire, conversation and fun of the Senior Adult Retreat!

## Program

Shetek is blessed to once again welcome Pastor Cy and Betty Jo Solberg as leaders for this retreat! Pastor Cy leads Bible Study discussions which are relevant and heartfelt! Betty Jo brings her wonderful musical gifts!



The Solbergs are a well loved couple by Shetek as well as many surrounding communities where they have served in congregational Ministry.

The Shetek Staff will also be on hand to ensure that you enjoy a comfortable stay and lead additional activities.



## Camp Facilities

Come enjoy the meeting space in the Lakota Retreat center where you will have a great view of the lake and a fireplace as well! If you stay in the retreat center enjoy a private bedroom with your own bathroom as well as air conditioning. We also have campground spaces available for RV's and campers. And of course enjoy the nature beauty of God's creation and Lake Shetek. All buildings in use for the Sr. Adult Retreat are handicap accessible.

## What to Bring

Bible, comfortable clothing for warm and cool weather, personal items, walking shoes etc. If you are staying in the retreat center linens and towels are provided.

## Total Cost

The cost for the weekend includes food, program, craft, snacks, recreation and lodging at the camp.

Lakota Retreat Center..... \$80.00 per person  
Camping/RV.....\$60.00 per person

# Sr. Adult Retreat Registration

Name(s): \_\_\_\_\_  
Address: \_\_\_\_\_  
City: \_\_\_\_\_ State: \_\_\_\_\_  
Zip: \_\_\_\_\_ Phone: \_\_\_\_\_

Housing Preference:

\_\_\_\_\_ Lakota Retreat Center  
\_\_\_\_\_ RV/Campsite

Electricity? Y /N

Estimated Arrival Time: \_\_\_\_\_

Send this registration form along with a \$20 deposit per person by August 10th, 2009 to:

Shetek Lutheran Ministries  
14 Keeley Island Dr  
Slayton, MN 56172

Phone/Fax: 507-763-3567